



# Common Diagnoses of the Hand: Examination & Intervention including Orthotic Fabrication Labs

**Noelle Austin MS, PT, CHT**

February 28 & March 1, 2015  
Vancouver

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## Course Description

The focus of this course will be the orthotic fabrication process for OTs and PTs at the beginner and intermediate skill level. A dynamic format using lecture, case studies, demonstration and hands-on lab activities will be utilized to present concepts related to examination and orthotic fabrication. Participants will gain insight to appropriate products on the market as well as acquire “Clinical Pearls” from the experienced instructor.

## Course Objectives

Upon completion of this course, participants will be able to:

- Palpate and identify various anatomical structures
- Understand how to organize an appropriate examination, taking into account the diagnosis and stage of tissue healing
- Appropriately select specific tests for various conditions in the hand
- Appreciate the various diagnoses commonly seen by hand therapists
- Gain familiarity with a variety of orthotic and strapping materials
- Develop skills necessary to successfully fabricate a variety of immobilization orthoses
- Assess proper fit and function of completed orthoses

## Course Instructor

**Noelle M. Austin** obtained her Bachelor’s of Science in Physical Therapy from Quinnipac University and her Masters degree focused on Allied Health Education from the University of Connecticut. She obtained her CHT in 1996. Noelle has been conducting workshops both nationally and privately for 20 years and has presented at multiple pre-conferences at Annual ASHT meetings as well as various State Chapter Annual meetings on orthotic fabrication. She has been involved in product development and training of sales representatives for Patterson Medical (Sammons Preston) and writes a regular column on Orthotic Fabrication in Patterson Medical’s publication *Rehab Insider*. Noelle is co-author and co-editor of the book: *Splinting the Hand and Upper Extremity: Principles and Process* (Lippincott Williams and Wilkins, 2013). Additionally, she wrote the chapter ‘Wrist and Hand Complex’ in the 5<sup>th</sup> edition of *Joint Structure and Function: A Comprehensive Analysis* (FA Davis 2011) as well as ‘Orthotics in the Management of Hand Dysfunction’ in the 3<sup>rd</sup> edition of *Orthotics and Prosthetics in Rehabilitation* (Elsevier 2012).

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**Co-sponsors:** **Dianna Mah-Jones Occupational Therapy Consultant**  
**Patterson Medical**

**Location**

G.F. Strong Rehab Centre 4255 Laurel St. Vancouver, Main OT Dept.

**Time**

8:30 to 9:00 Registration on Saturday

9:00 to 4:30 Program Saturday and Sunday

**Tuition**

Prior to January 19: \$550 plus GST = **\$577.50**

After January 19: \$600 plus GST = **\$630.00**

Fee includes light breakfast, lunch, refreshments and manual.

Participants must bring their own scissors, hole punches and pliers.

Registration deadline: February 13, 2015. Course is limited to **25** participants.

Please do not book flights until the course is confirmed.

Make cheques payable to Dianna Mah-Jones Occupational Therapy Consultant. Post-dated cheques accepted with fee in accordance with the above dates. NSF cheques are subject to a \$25 administration fee. E-Interac transfers can be arranged. No credit cards.

**Refund Policy**

Withdrawal notice given 14 days prior to the course will receive a full refund less a processing fee of \$40. No refunds will be given after that date but you may send an alternate.

Cancellation of the course may occur if enrollment is not sufficient or due to unforeseen circumstances in which case you will be notified 10 days prior to the event and be refunded the full registration fee.

**Information**

Contact Dianna at [dmjot@shaw.ca](mailto:dmjot@shaw.ca) or call (604) 263-8730 after 1900 hr.

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Name \_\_\_\_\_ Prof. \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_ P.C. \_\_\_\_\_

Phone Work \_\_\_\_\_ Home \_\_\_\_\_

E-mail \_\_\_\_\_ Food Allergies \_\_\_\_\_

Accommodation info requested \_\_\_\_\_ GST # 897046587RT0001

Registration fee: prior to Jan. 19, \$577.50 \_\_\_\_; after Jan 19, \$ 630. \_\_\_\_ Includes GST.  
Make cheque payable to Dianna Mah-Jones OT Consultant; send to 1243 W 64<sup>th</sup> Ave.  
Vancouver V6P 2M7.